



The Down Syndrome Association of Houston

Down Syndrome Association of Houston was founded in 1974 and currently serves over 1,800 families. Our Resource Center serves as the base for our activities, with community groups across Houston providing support closer to home.

For Kids (0-12)

- The Panther Pack (*Special Olympics Team*)
- Gymboree
- New Beginnings
- Reading Clinic
- Camp Ability Summer Camp
- Adaptive Ballet

For Teens and Adults (13+)

- Club 21 - Next Chapter Book Club
- Club 21 (Monthly Events)
- Pantomime Troupe
- Media Camp (101 & 102)
- Camp Ability Summer Camp
- Education for Life (*Adult Education*)
 - Lemonade Day

For Families

- Camp for All
- Buddy Walk
- World Down Syndrome Day Celebration
- Holiday Party
- Summer Pool Party
- Sailing Angels

Parent Training

- Conferences
- Potty Training Classes
- Smart Start (preparing for kindergarten)
- Workshops held by United Way, vouchers available
- Speech Therapy 101 For Parents
- Organizing Your IEP Paperwork Workshop

Support

- Spanish Community Group
- Dads for D.S. Group (*D.4.D.S*)
- Community Groups: Katy, The Woodlands, Pearland, Pasadena, Baytown, Spring, Inner Loop, Ft. bend Community Group
- New Member Orientations
- New Baby Gift Baskets
- Help with IEP Meetings
- Respite

Outreach

- Presentations to Hospitals, Medical Professionals
- New Parent Packages
- Educator training
- Conferences
- Prenatal Counseling
- Adoption Referral
- World Down Syndrome Day 3/21
- Chevron Houston Marathon-Charity
- Awareness Calendar
- State-level advocacy for individuals with DS
- National advocacy for better prenatal information and increased research funding
- Provide all with confidential, accurate, and unbiased information about Ds

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The Down Syndrome Association of Houston is a 501(c)(3) charitable organization.

